Figure S1. Separation by HPLC (RI) of sugars in extracts obtained from raw whey-fruit smoothie (Raw_WFS) and fermented whey-fruit smoothie with *Lactiplantibacillus plantarum* BpL2 (BpL2_WFS) for 72 h at 30 °C.

Peak assignments: 1, fructose; 2, glucose; 3, mannitol; 4, sucrose; and 5, lactose.

